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SPECIAL POINTS OF INTEREST:

- **Next board meeting is April 12, 2017 at the SSCY Centre Building**

FROM PAT'S DESK

We had the honour of participating in a cohort with Deb Curtis, world renowned Educator in the Early Childhood Field. On January 30, she spent the day with a few of our Educators from both locations here at SSCY. It was a valuable experience for all of us and we have been incorporating this "new thinking" in our day to day work with the children.

We were successful in obtaining funds through the Winnipeg Foundation from a Nourishing through potential grant. Approximately \$6,000 will go towards supplementing the healthy lunch program for our fully subsidized families and \$3,000 will go towards workshops and training opportunities for our Nutritionist specialist at the SSCY location. We are very grateful to the Winnipeg Foundation and their support of our new site!

This year we have made two separate financial contributions to our community partners, Robertson School. We donated \$800.00 to go towards a new washer and dryer in which our program uses on a regular basis and \$1,200.00 towards an electronic sign, which will be located outside on the school grounds. We were happy to assist the School with these endeavours and we always appreciate their support of our program, the children, and families within this community.

Thank you!

BECKA'S BEAT

For 3 consecutive Friday's in March I was able to take part in a training workshop on Cross-Cultural Awareness for Enhanced Refugee Service Delivery. This workshop was very eye opening and a true representation of what it entails for someone to come into Canada as a Refugee. We learned many things including how long the process can take, how the individual or families move from area to area, what the cost for the Refugee is, and what services are provided once they reach Canadian grounds.

During the training we discussed how we can help families once they reach our community and how the many previous years may still be affecting them. I am truly thankful for this opportunity to learn about other cultures and about the LONG transition into the Canadian culture. I appreciate knowing what is helpful for these families, and also what may be considered rude or insensitive.

I feel I am much more prepared to help families with their transition and can better support families who are seeking supports such as child care (which many have never had experience with before).

Becka Linton
Assistant Director
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January 30, 2017 Deb Curtis Tour:
Left to Right
Olha, Deb, Pat, Lindsay, Christy, Brigitte



Exploring the Atelier studio with Vida, Ava, Addy, and Emma

Reggio-Emilia Philosophy

Exploring The Atelier-The Art studio Workshop.

(ah-til-e-ay)

We are excited to let you know that we opened a children's creative studio. A place for children to learn, explore, discover, and create!

Our mission: To bring the joy of art and craft to children.

Our Philosophy: The Atelier is a studio inspired by the Reggio Emilia education philosophy. This philosophy began in Reggio Emilia, a small town in Italy and has since spread to cities around the world. It is renowned for the positive response from children, educators and parents from around the world. The founder Loris Malaguzzi sought to provide a new approach to education for the children and devastated community after the World War II. His poem, The Hundred Languages, encapsulates the Reggio philosophy that children express themselves, understand, and talk about their world in a variety of symbolic languages. In our Atelier children have an opportunity to investigate ideas through the creative process.

Olha Zablotzki

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Jeni's Column: Our Inclusion Journey

Time for School, a Brief Overview

Hello All!

With the change in season, many of our children are transitioning to school from childcare. For children with inclusion needs, this process begins with a meeting involving individuals from the school division coming to do visits at the centre. Here, they will get to know your child, meet their educators, and ask any questions. Other meetings involve the family, centre, and school division representatives.

This process does take time and it would be best for the centre to know as soon as possible so we, in partnership with your child's current support team, can begin the transition to school process. When your child transitions to school they will have new specialists through the school division (depending on services needed) and in most cases services from current specialists stop. We will do everything we can to help make this transition as smooth as possible for you and your child.

Jeni Singer

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"Strength lies in differences, not in similarities"

-Stephen R. Covey

It's Time for Yoga!

Yoga is a favourite part of our Thursday morning routine as we explore big body movement. Yoga programs are based off the children's current interests and are adapted each class by what inspires the children.

We started the program in February and explored what love and happiness looked like with our bodies, by showing each other how big our heart was. Currently, we are learning about springtime and growing plants as we mimic how plants grow with sunlight and rain, and how plants dance in the wind. Pretending to be animals is our favourite part of the class as we wake up from hibernation, stretch our backs, and look for food!

Each class we end by saying:

"Thank you for your time, thank you for your friendship, and thank you for your love"

Stay tuned for a yoga parent party! I can't wait to hear all about your children's interests and what inspires them.

- Anjelica Brucal



"Just like a snake and breathe..."

Yoga with Anjelica

INFANT CORNER

We would like to take this opportunity to thank all the families who made our Love and Friendship Day meaningful and successful!

Over the last few weeks, many of us have been attending insightful workshops to learn more about the infants we care for and how to enhance our program with new art projects! The Respectful, Responsive, and Reciprocal Approach Toward Caring for Children explains the basis of Magda's Gerber RIE philosophy on respecting and trusting infants to be an initiator, an explorer, and a self starter. The Mandala-Inspired workshop introduces Mandala art to our program as a meditative, therapeutic, and healing art-form as it evokes the mental and spiritual aspects of ourselves.

The infants, as well, have been participating in a lot of baking as baking bannock has been a part of their weekly routine! This recipe was brought by Amanda from her grandmother. Full documentation can be found on our blog! www.robertsoneep.ca/blog

Stay tuned for Mandala artwork displays, and yummy bannock in the kitchen!

- Infant staff

PRESCHOOL NEWS

Self

Birch children have been observing their physical attributes. The staff have been supporting their curiosity by implementing activities and adding literature focused on this topic.

The children have created "self-portraits" in our new Atelier Room. This room is our new art and creation studio for the children.

Exploring ourselves has also expanded into exploring our families! The children have been drawing their families and sharing what they know about their families with the educators.

In April, a small questionnaire will be placed in your child's locker asking family related questions. We are asking all families to please take the time to fill it in!

Christy Kreiner

Baking Bannock
with Maple and
Chestnut



Ava
recreating
her personal
image



Mandala
artwork by CJ
Peralta



The Cedar room has welcomed Jack, Gabriel, and Kahlia from the infant program. We are so pleased to invite you into our room.

We have been hosting Red River College ECE practicum student Trish, she has been planning and providing activities for the children.

The children have been exploring with colour through literature, science experiments, and various creative projects. Please come and view many of their creations in the display cases on the Cedar room walls.

- Meghan Tervoort

CURRENT EVENTS

- At our last educator's meeting, we welcomed Anne McMurdo, a teacher at Strathcona School to guide us in exploring different art mediums. We are excited to incorporate these new ideas to our program.
- We are celebrating Clayvi's new chapter in her life as she goes on maternity leave for the newest member of her family!
- Our educators have been taking turn preparing lunches for the children and other staff, with recipes from home. It has been a yummy adventure!



Staff Meeting - Printing and stamp station with Anne McMurdo

Congratulations on your baby boy, Clayvi! All the best to you and your growing family



WAYS TO GET INVOLVED!

- A new yoga program will be starting on February 2, 2017. They will be held every Thursday with Anjelica!
- Music time with Ian in the infant room Tuesdays and Thursdays at 11am!
- We are always looking for loose parts to inspire the children's creativity!
- Join the Parent Engagement Council at the SSCY Building! Meetings are held a few times a year

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Learning and Growing Together.

IN JEANETTE'S KITCHEN

Spicy Spaghetti with Arugula, Peas, and Tomatoes

- 1/2 lbs whole-grain spaghetti
- 1 bay leaf
- 1/4 white or yellow onions, chopped
- 5 whole all-spice berries
- 3 whole black pepper corns
- 1 tbsp canola oil
- 2 garlic cloves, minced
- 3 cups cherry tomatoes
- 1 cup of frozen peas
- 2 cups of baby arugula
- 1/2 tsp salt
- 1/2 tsp black ground pepper

Instructions:

1. Cook spaghetti according to package instructions with bay leaf, onion, all-spice berries, and pepper corns. Once cooked, drain and set aside. Remove bay leaf and whole spices.
2. Meanwhile, in a large skillet, heat canola oil and sauté garlic and tomatoes. Gently press tomatoes as they cook to release their liquids. Add peas and continue cooking for 2 mins, stirring.
3. Add vegetables to spaghetti. Season with salt and pepper.

Enjoy!

-Jeanette Cabacungan



HAPPY BIRTHDAY TO THESE MARCH AND APRIL BABIES!

CHILDREN:

Aiden, Bentley, Calleigh, Kahlia, Alex, Shaya, Bailey, Daniel, Kali, Abby!

STAFF:

BOARD OF DIRECTORS

Our next board meeting is scheduled for **5:15 pm on Wednesday April 12, 2017 at the SSCY Location**. All are welcomed to attend! Dinner will be served.